

MARYLAND

“STRIVE FOR CLARITY, BUT ACCEPT AND UNDERSTAND AMBIGUITY.”

That phrase captures one way in which an educated person approaches the world and its challenges. Students who graduate from the University of Maryland have been exposed to the tools that allow them to put that perspective to work. Imparting such a perspective may be an ambitious project for undergraduate education, but to aim for anything less would be unworthy of a great university's goals for its students. Thirteen years ago, Promises to Keep, a plan for undergraduate education at Maryland, articulated those goals so eloquently we repeat them here.

Undergraduate education at Maryland “aims to provide students with a sense of identity and purpose, a concern for others, a sense of responsibility for the quality of life around them, a continuing eagerness for knowledge and understanding, and a foundation for a lifetime of personal enrichment.”

As we learn with and from one another, we try to “develop human values,” “celebrate tolerance and fairness,” “contribute to the social conscience,” “monitor and assess private and collective assumptions,” and “recognize the glory, tragedy and humor of the human condition.”

Your years at the University of Maryland can provide you with all the tools you need to accomplish these goals. Students here are “educated to be able to read with perception and pleasure, write and speak with clarity and verve, handle numbers and computation proficiently, reason mathematically, generate clear questions and find probable arguments, reach substantiated conclusions and accept ambiguity.”

AND WE ALSO HOPE YOU ENJOY THE JOURNEY.

27 SPORTS • I TEAM

2007 MARYLAND GYMNASTICS

THE UNIVERSITY OF MARYLAND

THE CAMPUS

By virtually every measure of quality, the University of Maryland has gained national recognition as one of the fastest-rising comprehensive research institutions in the country. The momentum of recent years has poised the university to move it into the top ranks of higher education and take leadership in shaping the research university of the 21st century.

The university has enjoyed a decade of momentum in all of the areas that affect quality. The average high school GPA of entering students has zoomed from 3.01 to nearly 3.90, and the average SATs are now more than 1270. The student body is a model of diversity, with minorities making up more than 33 percent of all students, and at least one graduate and undergraduate student from every state in the nation.

The university has 79 graduate and undergraduate programs ranked in the Top 25 by U.S. News and World Report, up from just one program in 1991.

Sponsored research and outreach has nearly tripled in the same 10-year period, exceeding \$350 million last year. Private giving also has increased, and the university last year concluded its first campaign by topping its \$350 million goal by more than \$100 million. Alumni Association membership has been growing at an average rate of 10 percent a year since 1992.

One of the largest research universities in the United States, Fall 2005 enrollment was 25,442 undergraduate and 9,927 graduate students. There are 94 undergraduate programs, 89 master's programs, 70 doctoral programs and one first professional degree program. More than 100 centers and institutes are engaged in research and outreach.

Faculty at the University of Maryland, in all fields of knowledge, are engaged at the highest levels of national and international concern. The university's location near the center of federal policy-making and international political and economic activity enables it to play an active role in research and analysis of public policy.

Maryland is one of 30 public universities in the prestigious 63-member Association of American Universities and the only public institution in the Maryland-D.C. area with membership in the nation's most distinguished honor society, Phi Beta Kappa.

DID YOU KNOW?



In 1991, Maryland had one program listed among Top 25 entrants in the U.S. News & World Report Rankings. Maryland now has 79 programs ranked among the nation's elite, and the university is ranked 18th nationally among public universities.



A report card published in Technology Review rated the top U.S. universities in their quest for intellectual property, commercial partners and profits. Johns Hopkins University and the University of Maryland (28th) were the Mid-Atlantic (Delaware, Maryland, Virginia, District of Columbia) schools to make the "campus patenting" top 50 list.



Black Issues In Higher Education ranked the university fourth nationally in bachelor's degrees earned by African-American students at traditionally white schools. Maryland ranks first in African-American undergraduate degrees in social sciences and history.



The Wall Street Journal ranked the Robert H. Smith School of Business No. 15 among the world's business schools. Maryland is the top-ranked school in the Mid-Atlantic region (Delaware, Maryland, District of Columbia, Virginia). *The Financial Times of London* ranked the Robert H. Smith School of Business No. 3 in value for money, No. 6 overall among U.S. public business schools and No. 12 in placement rate.



In the undergraduate program rankings released by *U.S. News & World Report* both the A. James Clark School of Engineering (No. 22) and the Robert H. Smith School of Business (No. 22) were ranked among the top 25.



DR. C.D. MOTE UNIVERSITY PRESIDENT CALIFORNIA '59 EIGHTH YEAR

As the 19th president of the University of Maryland, C. D. "Dan" Mote Jr. has presided since 1998 over a university that is claiming a well-earned position in the top echelon of research universities in the nation. An internationally-respected researcher and member of the National Academy of Engineering, Dr. Mote is Glenn L. Martin Institute Professor of Engineering. He serves on the Technology Council of Maryland, is co-chair of the Potomac Conference of the Greater Washington Board of Trade and heads its Technology Transfer Committee.

Under President Mote's leadership, Maryland has received national and international notice for innovative undergraduate education opportunities, high-impact research and academic programs, outstanding performing arts, and athletes and athletic teams competitive with the best in the nation.

"The future of the state depends on this university," says Mote. "It is the State of Maryland's most important asset." As president, Dan Mote has been determined to make that asset even greater by nourishing a culture of excellence and civility across the campus, strengthening the university's connections with its various stakeholders, building partnerships with State and national corporations and federal agencies and achieving distinction as an institution where discovery takes place every day and everywhere. The university's progress can be seen in all areas, from its nationally-ranked programs to its success in building external partnerships to its state-of-the-art facilities.

QUALITY PROGRAMS

Over the past decade, the quality of Maryland's programs and reputation has climbed steadily. In 2003, the University of Maryland moved up to 17th place among public universities in U.S. News & World Report rankings, up from 30th in 1998. We currently have 44 graduate and undergraduate programs and units ranked in the top 15 by *U.S. News & World Report*, up from 5 in 1995.

While our academic successes have spread across the board, the university has emerged as a true powerhouse in business, computer science, earth sciences, engineering, environmental policy, education and journalism. Maryland is one of only 10 public and private universities that have their programs in computer science, mathematics, physics, and engineering each ranked in the top 20. Our College of Education is ranked in the top 20 nationally and 5 of its programs are in the top 10.

ATHLETIC EXCELLENCE

Mote sees athletics as an integral part of the university experience. Indeed athletic success more often than not reflects academic success, he notes. For example, all four of the teams that played in the 2002 NCAA basketball Final Four, including Maryland, are members of the prestigious Association of American Universities, the organization that comprises the leading research and academic universities in North America. "That's no accident," Mote says. "Institutions that are committed to excellence tend to be excellent in every endeavor. Our successes in football, basketball, lacrosse and other sports reflects our culture of quality as much as our successes in engineering, business, education and journalism."

FACULTY STATURE

Dr. Mote believes a university's quality is built by its faculty, and under his leadership, Maryland continues to attract the best faculty available. The university recruited a Nobel Laureate in Physics in 2001 and three more Pulitzer Prize winners (to join three already on the faculty). More than 30 of our faculty are members of the national academies, the highest professional recognition attainable.



DEBORAH A. YOW

ATHLETICS DIRECTOR • 13TH YEAR AT MARYLAND



Deborah A. Yow is in the 13th year of her outstanding tenure as director of athletics at the University of Maryland, a tenure that has seen unprecedented success and achievement in Maryland athletics. Each year has brought steady and continued

improvement and accomplishment in Terrapin athletics. In Yow's 12 years at Maryland, the Terrapins have won a remarkable 13 national championships and graduated student-athletes at an enviable rate as Maryland athletics has soared to sustained new heights among the nation's elite intercollegiate athletic programs.

The comprehensive success of Terrapin athletics under Debbie Yow's leadership is a clear and compelling testimony of her values of **excellence, teamwork and accountability.**

Likewise, her prior election to the presidency of the National Association of Collegiate Directors of Athletics is an indication of the wide respect with which she is regarded among its 6,100 members

representing 1,600 colleges and universities in the U.S. and Canada.

She was honored recently by Street and Smith's Sports Business Journal as one of the 20 most influential people in intercollegiate athletics and she has received the Carl Maddox Sport Management Award presented by the United States Sports Academy for excellence in athletics administration.

Dr. Yow was selected to serve on the U.S. Department of Education's Commission on Opportunities in Athletics to review the status of Federal Title IX regulations. She recently served as the chair of the Atlantic Coast Conference Committee on Television. The committee is charged with overseeing the league's TV contracts and dealing with issues related to television. Yow led the committee during the successful renegotiation of comprehensive, multi-year ACC football and basketball contracts with ABC, ESPN, ESPN2 and syndication entities.

Additionally, she has represented intercollegiate athletics with presentations in a number of prominent settings such as the Harvard University School of Law conference on "Shaping the Future of Collegiate Athletics" and the Street and Smith's Sports Business Journal "National Forum on the Direction of Intercollegiate Athletics" in New York. She was

also recently inducted into the State of Maryland Women's Hall of Fame and the North Carolina Sports Hall of Fame, joining fellow Terp Buck Williams as honorees.

Yow, who has served on the NCAA Management Council and the NCAA Division I Budget Committee, is a strong and steady voice on behalf of intercollegiate athletics in America.

Since taking over as AD at Maryland in 1994, she and her staff have:

- Transformed Terrapin athletics into a responsive, goal-oriented organization with 27 sports and more than 700 student-athletes.
- Balanced all 12 of the department's annual budgets (none of the budgets were balanced in the 10 years prior to her arrival). The budget has now reached \$52 million annually and the multi-million dollar accumulated operating debt which her administration inherited has been eradicated.
- Greatly enhanced the academic support services provided for student-athletes, with an enviable exhausted eligibility graduation rate of approximately 85 percent for student athletes at Maryland.
- Led the Terrapins to a national all-sports ranking in the upper 7 percent of all NCAA Division I institutions.

IN DECEMBER OF 2004, DEBORAH A. YOW WAS NAMED ONE OF THE MOST INFLUENTIAL PEOPLE IN COLLEGE ATHLETICS BY STREET & SMITH'S SPORTS BUSINESS JOURNAL.



Dr. Yow congratulates one of the members of the Competitive Cheer team that won the 2006 NCA Division I National Championship.



- Significantly expanded marketing and fund-raising efforts on behalf of Terrapin athletics. As a result, private gifts to athletics have increased over 350 percent and corporate sponsorship revenues have increased by over 300 percent during her tenure at Maryland.
- Continued to dramatically improve venues and facilities for the department's 27 teams. The Comcast Center for men's and women's basketball and other sports that use the facility is a prime example of the dramatic upgrade of athletic facilities.
- Implemented a strategic management model.
- Developed a comprehensive Internet strategy with management, marketing and fund-raising applications.
- Significantly improved customer care in every area of Maryland athletics.

The most recent achievements of Maryland athletics are exceptional:

- Maryland captured a remarkable **four national championships** during the 2005-06 academic season.
- In 2005-2006, the Terrapins achieved the highest student-athlete graduation rate in the history of Maryland athletics.
- Maryland was selected by *U.S. News & World Report* as one of the Top 20 athletic programs in the nation (for overall quality and competitive excellence).
- In 2005-06, Maryland Athletics won the inaugural PRISM Award as the most well-managed Division I collegiate athletics program in the nation.
- In men's basketball, the Terps won the Atlantic Coast Conference title over Duke in the championship game in 2004 and won the NCAA National Championship in 2002. Under Coach Gary Williams, the men's basketball team appeared in 11 consecutive NCAA Tournaments.
- Maryland was ranked as the sixth-finest athletic program in the nation by the Laboratory for the Study of Intercollegiate Athletics, based on comprehensive criteria such as graduation rates, financial efficiency, equity effectiveness and competitive excellence.
- Women's basketball won the 2006 NCAA National Championship under head coach Brenda Frese, completing an amazing turnaround that saw the program go from a 10-18 record to a National Championship in four seasons.
- In football, the Terps won the 2001 Atlantic Coast Conference championship and played in the 2002 Orange Bowl, followed that with an 11-win season and a 30-3 victory over the University of Tennessee in the Peach Bowl, again followed by a 10-win season and a 41-7 win over West Virginia in the



Dr. Yow with former Terp student-athletes Boomer Esiason (left), Bonnie Bernstein (center) and Steve Francis (right).

Gator Bowl on New Year's Day 2004. *Graduation rates in football are near 80 percent and the program was recently recognized by the American Football Coaches Association for its academic excellence under Coach Ralph Friedgen.*

- Additionally, Maryland is one of only two universities in the nation to win National Championships in men's basketball, women's basketball and football. Stanford is the only other NCAA Division I institution to achieve that mark.
- Set an ACC single-game record for women's basketball attendance by drawing 17,243 to a regular-season game at Comcast Center.
- Hired Dave Cottle, the third-winningest active men's lacrosse coach in the U.S., who guided his team to the NCAA Final Four three times in the past four seasons.
- Field Hockey earned a National Championship in 2005-06 and has become a perennial participant in the Final Four in that sport.
- Women's Lacrosse has continued its winning ways with seven national championships from 1995-2001, with additional Final Four appearances.
- Men's Soccer has appeared in four consecutive Final Fours and won the NCAA National Championship in the 2005-06 season.
- Football facilities have been significantly enhanced with team house, stadium and practice field upgrades. The Academic Center was the first improvement, as it took priority over all other initiatives.
- The Terrapins have moved into the new \$125 million Comcast Center, housing athletic department

offices and seating for 18,000 fans for basketball and other events.

- In 2005-06, 13 Maryland teams competed in postseason play.
- The productivity, morale, and the competitive and academic achievement of Terrapin athletics are exceptional and continue to gain momentum.

Regarding the many achievements of Terrapin athletics over the past 12 years, Yow says, **"We are pleased, but we are not satisfied... our vision is to be one of the Top 5 programs in the nation consistently... we see no reason to settle for less."**

Yow is known for her goal-oriented and proactive management style. She consistently inspires and challenges those around her to **"raise our sights and sharpen our tools... to work hard and work smart... to recognize that our only limitations are those that we place upon ourselves."**

As a manager and a leader, she clearly models these principles. She is the only known current AD in NCAA Division I who has hired both the National Coach of the Year in football (while at Maryland) and the National Coach of the Year in men's basketball (while at Saint Louis University). In 2002, she brought to the University of Maryland Brenda Frese, who at that time was the National Coach of the Year in women's basketball. Four years later, Frese led the Terrapins to the NCAA National Championship at the Women's Final Four in Boston.

She has authored numerous articles and books on athletics management and human behavior, and is a respected leader in intercollegiate athletics in the United States.



DISTINGUISHED ALUMNI

William Apollony, '69, Sociology
Senior Vice President, M&T Bank

Sade Baderinwa, '93, Agriculture
Co Anchor, ABC 7 New York

Zvi Barzilay, '73, Architecture
President, Toll Brothers Builders

Robert Basham '70, Bus. Admin.
Co-founder, Outback Steakhouse

Gail Berman, '78, Theatre
President, Fox Entertainment

Bonnie Bernstein, '92, Journalism
President, Velvet Hammer Media

Carl Bernstein, '65, Arts & Sciences
Author, Watergate reporter

Eric Billings, '77, Finance & Economics
CEO, Friedman, Billings, Ramsey Group

Tim Brant, '73, Journalism
Sportscaster, ABC and Jefferson-Pilot

Hal Brierley, '65, Chemical Engineering
Developer of frequent flyer programs

Sergey Brin, '93, Mathematics
Co-founder, Google, Inc. search engine

Kenneth Brody, '64, Electrical Eng.
Former chairman, U.S. Export-Import Bank

John Brophy, '71, History
Exec. Vice President, ACS Solutions

Vicky Bullett, '90, General Studies
WNBA & U.S. Olympian

Dennis Cardoza, '82, Gov./Politics
Congressman, California 18th District

Al Carey '78, Government
President, PepsiCo Sales

Connie Chung, '69, Journalism
Emmy-winning Correspondent

Mark Ciardi, '83, Marketing
Producer, "The Rookie" & "Miracle"

A. James Clark '50, Civil Eng.
President, Clark Enterprises

Fran Contino, '68, Accounting
Executive Vice President & CFO, McCormick & Co.

Bob Corliss, '76, Gov./Politics
President, Athlete's Foot

Larry David, '69, Bus. Admin.
Executive producer, Seinfeld

Raymond Davis, '37, Chemistry
Nobel Prize Winner, Physics

Dominique Dawes, '02, Speech
U.S. Olympian

Len Elmore, '78, English
Senior Counsel, LeBoeuf, Lamb, Greene & McRae, LLP; ESPN Commentator

Gordon England, '61, Electrical Engineering
Deputy Defense Secretary

Boomer Esiason, '84, Undergraduate Studies
Sportscaster, former NFL player

Raul Fernandez, '90, Economics
Chairman, ObjectVideo

Carly Fiorina, '80, M.B.A.
Pioneering Woman CEO

Robert Fischell, '53, M.S. Physics
Chairman, Fischell Biomedical, LLC

Jon Franklin, '70, Journalism
Two-time Pulitzer Prize winner



Carl Bernstein



Connie Chung



Dominique Dawes



Michael Griffin

Ralph Friedgen, '70, P.E.
Head coach, University of Maryland football

Fred Funk, '80, Criminology
Pro golfer

Tom Gallagher, '70, Marketing
Chairman, President & CEO, Genuine Parts Co.

Joseph Gildenhorn, '51, Bus. Administration
Partner, The JBG Companies; retired US Ambassador

Dave Goldfarb, '79, Accounting
CAO, Lehman Brothers

Michael Griffin, '77, Ph.D.
Aerospace Engineering
Chief Administrator, NASA

Roger Hale, '65, History
Board of Directors, H&R Block and Ashland Oil

Herbert Hauptmann, '55, Math
Nobel Prize winner, physics

Jane Henson, '55, Art Education
Creator, The Muppets

Jim Henson, '60, Home Economics
Creator, The Muppets

Donald Himelfarb, '67, History
CAO, Thrifty & Dollar Rental Cars

Steny Hoyer, '63, Political Science
Congressman, Maryland's 5th district

Harry Hughes, '49, Bus. Admin.
Former governor of Maryland

Stan Jones, '56, Education
NFL Hall of Fame inductee, '91

Jeong Kim, '91, Ph.D. Engineering
President, Bell Labs

Jeffrey Kluger, '76, Gov./Politics
Author, Apollo 13

Chris Kubasik, '83, Accounting
E-VP & CFO, Lockheed Martin

Tim Kurkjian, '78, Journalism
Reporter, ESPN & ESPN Magazine

John Lauer, '63, Chemical Eng.
Non-Executive Chairman, Diebold, Inc.

George Laurer, '51, Electrical Eng.
Inventor, Universal Price Code

Samuel LeFrak, '40, Bus. Admin.
Chairman, The LeFrak Organization

Liz Lerman, '70, Dance
MacArthur Award Winner; Dance Co. Owner

Barbara Lucas, '67, Gov./Politics
Senior Vice President, Black & Decker

Marvin Mandel, '39, Arts/Law
Former governor of Maryland

William Mayer, '66, Bus. Admin.
Chair, Exec. Comm., Park Ave. Equity Partners

Mark McEwen, '76, Radio/TV/Film
Anchor, WKMG News 6 Orlando

Tom McMillen, '74, Chemistry
CEO, Homeland Security Corp.

Mike Miller, '64, Economics
President, Maryland Senate

Paul Mullan, '68, Marketing; '70, MBA
Strategic Partner, Charterhouse Group International

Renaldo Nehemiah, '81, Radio/TV/Film
U.S. Track & Field Hall of Fame inductee, 1997

Paul Norris, '71, M.B.A.
Non-Executive Chairman, W. R. Grace

Tom Norris, '67, Sociology
Congressional Medal of Honor Winner

Jay Nussbaum, '66, Journalism
Head of Global Sales, Citigroup

Preston Padden, '70, Economics
Executive Vice President, Disney

George Pelecanos, '80, Radio, TV, Film
Novelist

Robert Pincus, '68, Bus. Admin.
Chairman, Milestone Advisors

Kevin Plank, '97, Business Admin.
Founder & CEO, Under Armour

Jesus Rangel, '78, Journalism
Vice President, sales department, Anheuser-Busch

Robert Ratliff, '58, Industrial Education
Chairman, Massey-Ferguson tractors

Judith Resnick, '77, Electrical Engineering
Second woman in space; died in '86 Challenger explosion

Paul Richards, '91, M.S. Electrical Eng.
NASA Astronaut

Jimmy Roberts, '79, Radio/TV/Film
Reporter, NBC

Mark Rosenker, '69, Radio/TV
Chairman, National Transportation Safety Board

Harvey Sanders, '72, Journalism
Founder, Nautica Enterprises

Ben Scotti, '59, Arts & Sciences
Original syndicator, Baywatch series

Tony Scotti, '61, Arts & Sciences
Original syndicator, Baywatch series

David Simon, '83, Undergraduate Studies
Created TV series Homicide

Harry Smith, '49, Electrical Eng.
Inventor, pulse doppler radar

Robert H. Smith, '50, Accounting
Developer of Crystal City complex

Ed Snider, '55, Accounting
Chairman, Philadelphia Flyers

Michele Snyder, '86, Architecture
Minority Owner, Washington Redskins

Deborah Spero, '70, English
Commissioner, U.S. Customs & Border Protection

Bert Sugar, '57, Bus. Admin.
Boxing historian

Mark Turner, '78, Urban Studies
President, Steak Escape restaurant chain

Joe Tydings, '51, Arts-Law
Attorney

Leo Van Munching, '50, Marketing/Bus. Admin.
Headed one of America's top import companies

Scott Van Pelt, '88, Radio, TV, Film
ESPN Anchor

Jim Walton, '81, Radio/TV/Film
President, News Group, CNN

Michael Ward, '72, Marketing
Chairman & CEO, CSX

Pam Ward, '84, Radio/TV/Film
Co-anchor, ESPN and ESPN2

Randy White, '74, P.E.
NFL Hall of Fame inductee, '94

Dianne Wiest, '69, Arts & Sciences
Two-time Academy Award winner

Gary Williams, '68, Marketing
Head coach, University of Maryland men's basketball

Morgan Wootten, '56, Phys Ed.
U.S. Basketball Hall of Fame

Dennis Wraase, '66, Accounting
Chairman, President & CEO, PEPCO Holdings



Kevin Plank



Bert Sugar



Scott Van Pelt



ACADEMIC SUPPORT AND CAREER DEVELOPMENT

The University of Maryland is committed to providing the highest quality education to all of its students. The Department of Intercollegiate Athletics strives to provide student-athletes excellent opportunities to participate in an intercollegiate athletics program of the highest quality, with the result that their athletics participation becomes an integral and valued component of their total educational experience at the university.

Terrapin student-athletes will find that the same hard work and discipline that has earned them success in athletics competition is also required in the classroom. Balancing the significant time demands and responsibilities required to be a successful student-athlete at the highest collegiate level is no small task. Therefore, as a result of their commitment to representing the university through athletics, Terrapin student-athletes are able to utilize support programs designed to meet their specific needs.

Led by associate athletics director Anton Goff, the mission of the Academic Support and Career Development Unit (ASCDU) is to provide quality developmental programs and need-based services that will enhance academic progress, facilitate career development, and encourage the psychosocial growth of all UM student-athletes. **Jessica Myers** (right) works with the gymnastics team.



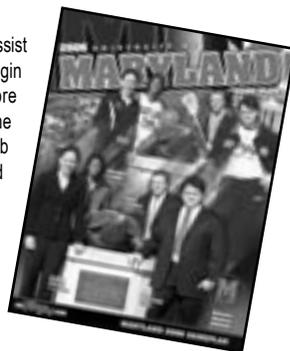
The Gossett Academic Support and Career Development Center for Terrapin student-athletes, named for long-time Terp supporters Barry and Mary Gossett, is located in the Comcast Center. It features a study center that includes 25 desktop computers, a tutoring center, a classroom, a CHAMPS/Life Skills resource room and individual offices for six professional academic counselors, a director of ILP programs, an assistant program coordinator and two graduate assistants. In addition, a new academic wing was added to the Gossett football team house last Fall. It features offices for two counselors, three learning specialist, and a graduate assistant; as well as a quiet study area, 29-desk computer lab, classroom, tutor rooms and classroom/lab for the individualized learning program.

Academic courses, programs and services offered by ASCDU include the following:

- Student-athlete orientation
- Academic counseling
- NCAA academic eligibility monitoring
- Academic enrichment and career development presentations and workshops
- Accredited tutorial support
- Individualized learning program
- EDCP 108-K (College learning strategies and skills)
- EDCP 108-M (Math learning strategies and skills)
- UNIV 100 (First-year transitions to the university)

MARYLAND GAMEPLAN

The Maryland Gameplan is intended to assist graduating Terrapin student-athletes as they begin the job search process. It is distributed to more than 500 corporations and businesses across the country, in addition to being featured on the M Club website. Prospective employers are introduced to our graduating student-athletes with resume information relative to academic, career and personal achievements. The Maryland Gameplan directory is produced annually in collaboration with the M Club.



CAREER NETWORKING NIGHT

Because career development is an ongoing process, ASCDU provides a variety of programs for student-athletes throughout the year. Professional assistance with resume-writing, interviewing skills, graduate school search and job search is readily available to all student-athletes. During the spring semester ASCDU hosts the Career Networking Night, where student-athletes can learn about career interests and career planning. Unlike typical "job fairs," the purpose of this program is to allow student-athletes to explore multiple career opportunities by speaking directly to individuals in their chosen areas of interest. Employers at the Career Networking Night recognize the marketable qualities student-athletes have gained through athletic participation. Student-athletes learn about opportunities for internships and full-time jobs.

STUDENT-ATHLETE ADVISORY COUNCIL

The Student-Athlete Advisory Council (S.A.A.C.) plays an important role in the Department of Intercollegiate Athletics. It consists of two representatives from each varsity sport and meets on a regular basis with representatives from the athletic administration. The S.A.A.C. mission is to enhance the total student-athlete experience by developing leadership skills, promoting student-athlete welfare and fostering a positive student-athlete image on the Maryland campus, local area and nationally.

CHAMPS/LIFE SKILLS PROGRAMS

ASCDU houses the NCAA's (National Collegiate Athletic Association) Challenging Athletes' Minds for Personal Success (C.H.A.M.P.S.) Life Skills Program. The ASCDU staff, in collaboration with various other Department of Intercollegiate Athletics' units and campus resources, strives to provide a systematic personal development program designed to reach each student-athlete based on his or her individual needs. The focus of the program is on the individual academically, athletically and emotionally, and on the changing needs and skills of that individual in the years during college and after graduation. The menu of presentations, workshops and seminars is a comprehensive and balanced system of "life learning" programs promoted for use by each varsity sport team.



HIGHLIGHTS OF THE CHAMPS/LIFE SKILLS PROGRAMS:

- Support efforts of every student-athlete toward intellectual development and graduation
- Use athletics as preparation for success in life
- Meet the changing needs of student-athletes
- Promote respect for diversity among student-athletes
- Enhance interpersonal relationships in the lives of student-athletes
- Assist student-athletes in building positive self-esteem
- Enable student-athletes to make meaningful contributions to their communities
- Promote ownership by the student-athletes of their academic, athletic, personal and social responsibilities
- Enhance partnerships between the NCAA, member institutions and their communities for the purpose of education
- Encourage the development of leadership skills

CHAMPS/LIFE SKILLS PROGRAMS COMMITMENT STATEMENTS

Commitment to Academic Excellence To support the academic progress of the student-athlete toward intellectual development and graduation.

Commitment to Athletic Excellence To build philosophical foundations for the development of athletic programs that are broad-based, equitable and dedicated to the well-being of the student-athlete.

Commitment to Personal Development To support the development of a well-balanced lifestyle for student-athletes, encouraging emotional well-being, personal growth and decision-making skills.

Commitment to Career Development To encourage the student-athlete to develop and pursue career and life goals.

Commitment to Service To engage student-athletes in service to his/her campus and surrounding communities.

ACADEMIC SUPPORT FOR RETURNING ATHLETES PROGRAM

The Academic Support for Returning Athletes Program was created in 1986 to support the academic efforts of former varsity student-athletes at the University of Maryland, College Park. In 1989, ASRAP was assigned by the President's Office to the Academic Achievements Program and enrolled 40 students that year. As a member of the National Consortium for Academics and Sports (NCAS), the University of Maryland is committed to assisting its former athletes with degree completion. A key component of the program is community outreach. Each returning student completes a "workshop" that allows the cost of tuition and fees to be exchanged for community services with youth. In 2002, ASRAP moved into the ASCDU.



COMCAST CENTER



Maryland's new student activities building and home of Maryland Athletics was completed in fall 2002. Comcast Center's main arena provides a seating capacity of 17,950 fans for basketball, and will serve as a campus site for university special events and select community events.

The 1,500-seat Comcast Center Pavilion serves as home to the Terps' gymnastics, wrestling and volleyball teams, and the Nextel Heritage Hall multi-purpose room (capacity 400) is equipped to host banquets, press conferences, large meetings and serve as a pre-game restaurant suite overlooking the competition arena.

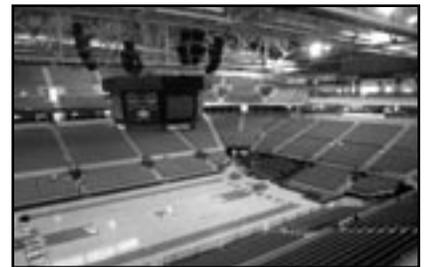
The Comcast Center also houses the university's athletics administration offices and includes a 7,000-square-foot Academic Support Center, providing an enhanced study atmosphere for the school's nearly-700 student-athletes on 25 teams.

The Terrapins' first public event for basketball was its annual Midnight Madness celebration. Both basketball teams have state-of-the-art facilities at

their fingertips including locker room and lounge areas, training areas complete with jacuzzis, and outstanding weight training facilities.

Twenty suites provide enhanced viewing and entertainment capabilities for Maryland fans. Maryland's student seating capacity accommodates 4,000, with students ringing the first 10 rows around the floor and a majority of seats on the arena's west wall.

Comcast Center is an excellent place for alumni and fans to enjoy their favorite sports and share their common Terrapin spirit. Visitors will learn about the men and women who have made Maryland Athletics great as they stroll through the dramatic Terrapin Walk of Fame and History. And the Terrapin Team Store, located just off the soaring three-level atrium lobby, allows visitors to outfit their pride. Maryland has once again reclaimed the status of having the best student activities center and athletics home in the country.



The main arena at Comcast Center



The pavilion where competitions are held



The Terrapin Team Shop



Former Terps gymnast Gillian Cote is one of many former Maryland student-athletes and coaches to be featured on the Comcast Center's Wall of Fame and History.

STRENGTH & CONDITIONING

One of the most unique aspects of Maryland's women's gymnastics team is the nature of its strength and conditioning program. "We have a vigorous weight program," says head coach Bob Nelligan. "We're physically stronger and tougher, and the support staff that's allowing us to do this should be applauded."

The team's strength and conditioning coach, **Barry Kagan**, has been a part of Maryland's strength and conditioning program since 1993 and has worked with the gymnasts for the last six years.



Barry Kagan

muscular endurance, as most of the other programs do."

According to Kagan, the gymnastics weight training program is one that is constantly changing. "It's continuously adapting depending on the individual needs of the current team," said Kagan.

The primary goal of the team's program is injury prevention. Next, the weight program strives to enhance each gymnast's performance. "Most gymnastics programs take a fairly conservative approach, doing moderate weight training," said Kagan. "We take a very balanced approach, emphasizing strength over

The team begins lifting in September upon returning to campus. The first two weeks are comprised of a learning/reacquaintance phase. "Most gymnasts don't lift in the style that we do," said Kagan. "We want to make sure they are ready to take on the more complicated lifts."

After the two-week introductory period the team progresses into a complex training program which involves several Olympic-style lifts. The main lower body exercise is the squat exercise, to enhance lower body stability. For upper body training, the women use dumbbells rather than bars to alleviate some of the stress on the shoulders. The athletes also train aerobically in September and October to prepare for full routines.

"In season, our approach becomes more of a maintenance phase," said Kagan. "We alternate the daily intensity of the lifts by organizing around the meet schedule." The women lift as a team twice a week with occasional conditioning circuits in the gym.

As for strength-to-body weight ratio, the gymnasts are the "strongest women in the department," said Kagan.

The Terrapins are fortunate to train in two of the premier weight training facilities in the country. Conveniently located in the Gossett Football Team House at Byrd Stadium, this facility has excellent aesthetic appeal, with two magnificent skylights and large windows overlooking the playing field at Byrd Stadium. The Terps' spacious weight room includes 7,200 square feet of functional floor space, with two elevated offices that are easily accessible to the training floor.



In 2002, Maryland began training in the spacious, brand-new, state-of-the-art weight room in Comcast Center.

Maryland gymnasts train with some of the best equipment available, including 20,000 pounds of customized York free weights, seven pieces of Keiser progressive air resistance machines, and a full line of Hammer strength equipment. The weight complex also features immense, self-contained rack stations, Olympic lifting platforms with Eleiko bumper plates, and 10 upper body pressing stations.

PRACTICE MAKES PERFECT AT THE HEALTH AND HUMAN PERFORMANCE BUILDING

The Maryland gymnastics team practices in the Health and Human Performance Building (HHP), located near the Campus Recreation Center. The HHP is a state of the art gymnastics facility that covers 18,000 square feet. There are two spring floor exercise mats which lie side-by-side with a travelling overhead spotting rig used for vaulting as well as floor exercise. There are spotting belts that are placed above the uneven bars, the single rail bar, and the trampolines. The single rail bar, tumbling strip and vaulting area are all connected into or onto brand new fitted Tiffin resi pits. Twenty centimeter mats surround AAI uneven bars and four new AAI Elite series balance beams. One of the most attractive features of the practice facility is the lighting, which is soft and leaves no shadows anywhere in the gym. Finally, there is a glassed-in trampoline room with four-string bed Goliath tramps surrounded by spotting platforms and 12-inch landing mats.



MEDIA INFORMATION

MEDIA GUIDELINES

Credentials: Media and photographer credentials for events at Maryland's Comcast Center may be obtained by working press, radio and television by writing or calling Ann Cabiness in the Maryland Athletic Media Relations Office, 2725 Comcast Center, College Park, MD 20741-0295. All requests should be submitted at least 48 hours prior to the event by phoning the Media Relations Office at (301) 314-7064. Since space is limited, accommodations are on a priority basis: daily newspapers and wire services, originating radio and television stations, national weekly or monthly publications, electronic media outlets, local and regional television crews. Priority is granted to members of the media who cover Maryland athletics on a regular basis, and to visiting media members. Photo passes will be issued only to accredited photographers on assignment.

Services: The Media Relations Office will provide complete statistics at the conclusion of every home meet. Programs containing rosters and event notes on each team will be provided for the working media.

Fax Machine: The Media Relations Office has one facsimile machine, located in Room 2725 of Comcast Center, which is available upon request. The fax number is (301) 314-9094.

Terps on the Web: For up-to-date game stories, statistics, schedules and results, and other Maryland athletic department information, please locate www.umterps.com on the Internet.

GYMNASTICS CONTACT

Ann Cabiness

Media Relations Coordinator
University of Maryland
2725 Comcast Center
College Park, MD 20742-0295



IMPORTANT PHONE NUMBERS

(301) 314-7064 – Media Relations Office
(301) 314-9094 – Media Relations Fax
(301) 314-7064 – Cabiness' Office
(301) 314-7007 – Gymnastics Office
(301) 405-0955 – Gymnastics Office Fax
Cabiness' E-mail address: anncab@umd.edu
Terps Web Site: www.umterps.com

MEDIA OUTLETS

NEWSPAPERS

Washington Post
1150 15th Street
Washington D.C. 20071
Phone: (202) 334-7350
Fax: (202) 334-7685
www.washingtonpost.com

Washington Times
3600 New York Ave. N.E.
Washington D.C. 20002
Phone: (202) 636-3269
Fax: (202) 529-7869
www.washingtontimes.com

Baltimore Sun
501 North Calvert Street
Baltimore, Md. 21203
Phone: (410) 332-6200
Fax: (410) 783-2518
www.sunspot.net

Montgomery Journal
2 Research Court
Rockville, Md. 20850
Phone: (301) 816-1427
Fax: (301) 816-1421
www.jml.com/mtg/

Terrapin Times
P.O. Box 993
Bel Air, Md. 21014
Phone: (800) 594-9320
Fax: (410) 256-8838
www.superterp.com

TELEVISION

Comcast SportsNet
7700 Wisconsin Ave.
Suite 200
Bethesda Md. 20814
Phone: (240) 497-3401
Fax: (301) 718-3324
comcastsportsnet.com

STUDENT MEDIA

The Diamondback
3136 South Campus
Dining Hall
University of Maryland
College Park, Md. 20742
Phone: (301) 314-8200
Fax: (301) 314-8358
www.inform.umd.edu/Diamondback/

WMUC Radio
3130 South Campus
Dining Hall
University of Maryland
College Park, Md. 20742
Phone: (301) 314-7866
Fax: (301) 314-7879
www.wmuc.umd.edu/

NATIONAL MEDIA

USA Today
1000 Wilson Blvd
Arlington, Va. 22229
Phone: (703) 276-3761
Fax: (703) 276-5505
usatoday.com



DAVE HAGLUND ASSOCIATE AD/VARSITY SPORTS & CHAMPIONSHIPS GYMNASTICS SUPERVISOR

Dave Haglund is in his ninth year on the University of Maryland athletic staff and his third as associate athletics director for varsity sports. He joined the University of Maryland athletic staff in January of 1998 following a 16-year career in the sports information office at Fresno State University.

In June 2003, after 5 1/2 years as the associate athletic director for media relations, he took over as associate athletic director for varsity sports and championships coordinator. Haglund is the sport supervisor for men's soccer, volleyball, baseball, men's golf, gymnastics, softball and competitive cheer in addition to overseeing the sports medicine and strength and conditioning units. In addition, he coordinates ACC and NCAA championship events hosted by the university.

A 1981 graduate of Oregon State University, Haglund began his sports information career as an assistant SID at Fresno State in 1981 and was elevated to sports information director in 1996. During the course of his career at Fresno State, he served as the primary contact person for the Bulldogs' Division I football,

Haglund and his wife, Cindy, are the parents of two children: Samantha and Matthew.